



CASE STUDY

<p>1. Title: Tackling playground bullying: Children's Parliament on the Environment</p>
<p>2. Area (Local Authority/School/Setting (if applicable) and Region): Hammersmith and Fulham LA and Hammersmith and Fulham Urban Studies Centre</p>
<p>3. What was the issue? [100 words max] This year Hammersmith and Fulham Children's Services Department and the Urban Studies Centre held the eighth Children's Parliament on the Environment at Hammersmith Town Hall during Anti-Bullying Week 2009. Ten primary schools took part in researching and presenting a wide range of topics, which included the plans for a new Westfield Nature Reserve, climate change, recycling plastic bags, Fairtrade, emotional well being at playtime and designing the school's nature trail. The following research on bullying was presented by one primary school:</p>
<p>4. What action was taken? [100 words max]</p> <p>"We've been focusing on how to make our school a happier place. We've been trying to prevent bullying. Children need to socialise and enjoy school more so that they can gain more confidence and attract more friends.</p> <p>Did you think bullying was a problem in our school? No, I didn't until we did some research.</p> <p>What research have you done? Well so far we have done a survey – we asked everyone in the school loads of questions about their experiences of being bullied. We found out that the most common place to be bullied is the playground. Are we surprised about that? I don't think so. But what we were surprised about was that children tell their parents or carers rather than tell another child or adult at school.</p> <p>What have you done in school? Well, we've done some graffiti using words like trustworthy, secrets, friendship, feelings. We hope these posters will get other children thinking.</p> <p>Anything else? We also wrote raps about creating friendships to try to persuade other children to change their behaviour. We also drew cartoon strips because little children understand drawing better than writing. Now we've found a fun way to teach children.</p> <p>In the future we are going to make a friendship bench to try to help the younger children to make friends. We are also going to get some Year 6s to become peer mentors. The peer mentors are going to help in the playground - by playing games and supporting each other to give the teachers a break and the year 6s more responsibility in looking after the</p>

children. And the Year 6s will be role models for the younger children. And also it's anti bullying week this week!

Thank you for listening –

RAP

A buddy is a friend
Stick with you till the end
In the good times and the bad
When you're happy, when you're sad

A buddy is a friend
Stick with you till the end
Wipe the tears from your eyes
A buddy when you sigh

A buddy is a friend
Stick with you till the end
(repeat)"

5. What impact has this had (so far)? [100 words max]

The pupils were greatly enthused by the topic, and developed a greater understanding of empathy.

6. How did the above action help to embed anti-bullying work in your area? [75 words max]

It was an opportunity to do some targeted work with one class which then lead to involvement with the whole school community. We hope to share it with other schools at a borough-wide seminar in the Summer term..

7. Additional information (OPTIONAL):

Do you have any images/ documents/ websites (including LA/school websites if relevant) to help illustrate this case study? *If yes, please attach document or paste website address.*

Yes.

Contact details of author (OPTIONAL): [Name], [Email], [Phone]

Jan Goulstone, Senior adviser PSHE and Citizenship and Healthy School Programme Coordinator, Children's Services Department, Hammersmith and Fulham LA
jan.goulstone@lbhf.gov.uk, 020 8753 3611